THE TRAINED TOUCH

Fall 2014

Volume 7 Issue 3

The South Dakota American Massage Therapy Association Newsletter

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Lee Stang and Tammy (TA) at the Fall Conference.

SNOW, FUN, & EDUCATION

Our Fall Conference was in Keystone in September at the K Bar S Lodge, a beautiful setting for a wonderful conference. Lee Stang, of Connecticut, presented on Massage and Movement, a Dynamic Approach to Massage. Her style of teaching was very laid back and we worked at a very easy pace; perfect for the comfortable and quiet setting in the Black Hills. From the lodge, you could see George Washington's profile and that was pretty cool to see it lit up at night. Despite the snow, attendees were able to do a little touring and shopping in the area.

There were some first-time attendees and that was awesome to get to meet those therapists. There was some time for networking by the fire pit and the board did a little "smoothie" fund raiser to help raise funds for the 50th anniversary coming up in 2017. It was a good time and we are looking forward to seeing you all at the Spring Conference which is our Annual Business Meeting.

SDAMTA Chapter

Board Members

SD OFFICERS 2014-2015

President
Christine Ellwein
722 West Pleasant Drive
Pierre, SD 57501
605.222.9266
christinegors@hotmail.com

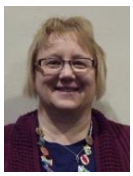
Immediate Past President
Sheldon Haas
Midwest Massage Therapy
1904 S Wayland Ave
Sioux Falls, SD 57105
605.335.8558
sheldonnlee@gmail.com

1st Vice President
Karen Peschong
Attunement Specialists LLC
420 4thSt NE, Suite 143
Watertown, SD 57201
605.878.1001
karen.peschong@gmail.com

2nd Vice President
Tara Hall
38846 - 124th St
Aberdeen, SD 57401
605-225-7203 Home
605-228-1183 Cell
tarahal66@gmail.com

3rd Vice President
Grace Lonning
405 8th Ave NW #207
Aberdeen, SD 57401
605.725.4400
massagetherapy@nvc.net

Treasurer
Valerie Rowen
Touch of Wellness
327 S. Fort Street
Pierre, SD 57501-2415
605.295.1330 Cell
605.945.0013 Work
valerieandrickr@mncomm.com



Secretary
Kris Skorseth
Prairie Breeze
Massage & Bodywork, LLC
307- 6th Street, Suite #3
Brookings, SD 57006
605.692.5262
kristinegeezer@gmail.com

SDAMTA Delegates & Chairs

SD DELEGATE ROSTER 2014-2015

Delegate 2014 HOD:
Kris Skorseth
(See secretary)

1st Alternate 2014 HOD:
Tara Hall
(See 2nd VP)

2nd Alternate 2014 HOD:
Lauralee Hatch
6739 W. Elmwood Dr.
Black Hawk, SD 57718
heavenlytouchrc@yahoo.com

2015 – 2016 HOD Delegate:
Tara Hall
(See 2nd VP)

1st Alternate 2015 HOD:
Patricia Bleeker
(See Historian)

2nd Alternate 2014 HOD
Jeanne Thune
(See Membership/Recruitment))

SD CHAIRS ROSTER 2014-2015

Historian Chair
Patricia Bleeker
320 W 6th Ave
Mitchell, SD 57301
pjbleeker@amx.com

Education Chair
Grace Lonning
405 8th Ave. NW #207
Aberdeen, SD 57401
605-725-4400
massagetherapy@nvc.net

SD CHAIRS ROSTER 2014-2015 CONTINUED

Membership/Recruitment/Public Relations Chair
Jeanne Thune
48153 – 334th St.
Jefferson, SD 57038
712-635-4301 Home
605-232-1911 Cell
jeannethune@hotmail.com

Nominations/Awards Chair
Dawn Menning
1228 S. Lincoln
Aberdeen, SD 57401
605-290-3918
healingessential@yahoo.com

Website Chair
Karen Peschong
(see 1st VP)

Government Relations Chair
Valerie Rowen
(See Treasurer)

Newsletter Chair
Emily Kippes
1218 South Rowley Street
Mitchell, SD 57301
605-999-9362
emmyk07@yahoo.com

Conference Site Coordinator
Open

Back: Karen Peschong, Christine Ellwein, Jeanne Thune, Kris Skorseth, Grace Lonning
Front: Valerie Rowen, Tara Hall, Dawn Menning

IMPORTANT INFORMATION

Check out your SD Chapter website:
www.amtasd.org
Or email us: amtasd@gmail.com

Continuing Education should have to do with massage therapy or body work.

South Dakota State Massage Therapy License:
8 CE hours every 2 years
Web site - http://massage.sd.gov
Phone number – 605-271-1721

AMTA Membership:
48 hours every 4 years
Web site – www.amtamassage.org
Phone number – 877-905-0577

National Certification Board of Therapeutic Massage and Bodywork:
48 hours every 4 years
Web site – www.NCBTMB.org
Phone number – 888-802-6600

Federation of State Massage Therapy Boards
48 hours every 4 years
FSMTB Executive Office
Phone: 913-681-0380 Fax: 913-681-0391
Email: info@fsmtb.org

10 Years

Beth Deutscher	Rapid City, SD
Nicole Hooth	Milbank, SD
Mary Margaret Jones	Jefferson, SD
Melissa Reuer	Aberdeen, SD
Deanna Wiarda	Brandon, SD

5 Years

Julie L. Elliott	Mina, SD
Stacy Simon	Aberdeen, SD

NEW MEMBERS

Anna Arch	Pierre, SD
Julia Cutler	Mitchell, SD
Jennifer Kanz	Fort Pierre, SD
Briana Kroeger	Parkston, SD
Teresa Opbroek	Burke, SD
Dianne Solberg	Chamberlain, SD
Emily J. Van Gengeren	Harrison, SD
Amanda Decker	Aberdeen, SD
Birhanu Astaw Desta	Sioux Falls, SD
Shirley Hinz	Aberdeen, SD
William Hittner	Sioux Falls, SD
Raeann Kockinson	Sioux Falls, SD
Mary Margaret Jones	Jefferson, SD
Michaela J. May	Sioux Falls, SD
Mary Rogers	Spearfish, SD

Advertise in our newsletter and help your business grow!

	Member	Non-Member
Full Page	$150	$200
Half Page	$75	$100
Quarter Page	$50	$65
Business Card	$20	$30

The Doctor was in… Denver! Dr. OZ!!

Back row: Tara Hall, Kris Skorseth, Janeen Walker **Front row:** Amanda Decker, Grace Lonning, Brenda Lanz **Not pictured:** Julie Ames-Curtis and Laura Lee Hatch

HI FROM DENVER

The National Convention was held in Denver in September and there were 8 members from South Dakota there, representing our fine state. It was one of the best National Conventions this attendee has been to. Even without Dr. Oz as keynote speaker, it was great. With Dr. Oz, it was exceptional! His message was about massage helping reduce stress and that helps our health. Basically, "Massage is good medicine." Remarkable speaker, never used note cards or a teleprompter. You could tell that he was speaking from his heart. The line for the book signing was out the door! Brenda Lanz managed to snap a really great picture. You could just feel his warmth and love for people.

There was a very nice variety of educational classes and a few new vendors. Grace Lonning, Brenda Lanz, and I took part in the Colorado Chapter's event on Friday evening. It was a Rockies game with the best fireworks I have ever seen afterwards. The convention finished up with a dinner and dance. A couple of us closed the place down along with a couple of board members from North Dakota.

Before the convention really kicked off, the House of Delegates (HOD) had their meeting. There were three position statements and three recommendations this year. It was super to see other chapter members, other than our delegate there to observe the process. Attending the HOD as observer helps to understand our role (as therapists and the AMTA as a whole) in promoting massage therapy in the scheme of health care and that is definitely a benefit.

I will have my HOD Annual report available in the Annual Business Meeting packet at the Spring Conference. In the meantime, if you are interested in finding out about the House of Delegates, please contact me.

- Kris Skorseth

The Winner Who Wasn't…

At the Fall Convention the name of a member was drawn to win $200, but the member had to be present at the convention. **Jamie Clark**, of Hill City, was the member drawn, but (unfortunately) not present! Everyone should plan to attend the Spring Convention next year for a chance to win a trip to Pittsburgh, Pennsylvania. We will be drawing the name of a member at the next Fall Convention for a chance to win $300. The member must be present to win. Do you feel lucky?

The 50th Anniversary Committee will be holding a logo contest for a design to use during SD's AMTA 50th Anniversary. More information will be coming. You can also check out the SD AMTA website for more details in the future

MEMBERSHIP SPOTLIGHT: Emily Kippes

I enrolled at The Boulder College of Massage Therapy, Boulder, CO in 2003 and graduated June 2005. I was given the Honora Wolfe Community Service Award. After graduation I was given a position at The St. Julian Hotel and Spa in Boulder. In 2008, I moved back to Mitchell. My dream finally happened August 2011 as I opened "Magic Hands" in my home. My passion is to heal with the focus of my techniques, in the manner that the client is needing and to help them feel renewed. It's my priority, my love, and I wouldn't choose another way to spend my life. In May 2014, I was awarded Best of Mitchell's Massage Therapist. Contact Newsletter Chair to nominate our next Member!

Chapter Awards

Each spring we give awards at our Annual **AMTA** meeting and we would like to see nominations from more of our members. Below you will find a list of the awards that members can nominate others for and quick overview of qualifications for each award. Go to www.amtamassage.org/awards for more detailed information.

Certificate of Appreciation

- Can be awarded to member non-member
- This award may be given posthumously
- Recipient(s) are to have contributed to enrich the lives of others and promote awareness of massage which may or may not include massage.

Meritorious Award

- Active **AMTA** member for at least one year
- Acknowledges diligent volunteerism done in an altruistic manner
- Only one nominee from each chapter can be a recipient

Distinguished Service Award

- Must be an **AMTA** member and massage therapist
- There can be more than one recipient in any given year
- This award may be given posthumously
- Recipient must contribute to the massage profession in outstanding manner
- Recipient shall not have received this awarded in the previous year
- Acknowledges diligent volunteerism done in an altruistic manner
- The award is selected by the Chapter President with the approval of the Chapter Board, and enables the President and the Board to give and award(s) to recipient(s) who seems(s) worthy.
- ** Please contact any member of the Chapter Board or the Chapter President if you know anyone who would be worthy of this award, they would be interested in hearing who your nominations would be and why. **

This patch was inspired by the original pin design that was created by Brenda Lanz. She created this design with the vision of uniting all SD Massage Therapists.

The patch measures 3 1/4 inches by 4 inches; fits beautifully in the plastic name tag holders we often get at a convention, so you can display it around your neck. You can sew it onto a shirt, jacket, or a bag. Frame it to a display in your office, alongside your License or use your imagination to create something fun! Each patch is $12 and can be mailed for an additional fee. Contact Dawn Menning 605-290-3918 or e-mail at *healingessential@yahoo.com*

Emily Kippes, LMT, CMT
AMTA-SD Chapter Newsletter Chair
1218 South Rowley Street
Mitchell, SD 57301

Calendar of Events

Board Meeting

All members invited
April 23, 2015 at 7pm

Conventions

AMTA-SD Spring Convention/Business Meeting
April 24-25, 2015
Pierre, SD

AMTA 2015 National Convention
August 19-22, 2015
Pittsburgh, PA

AMTA-SD Fall Convention
September 25 – 26th, 2015
Aberdeen, SD

Deadline for article submission for the next newsletter is February 12, 2015. Please E-mail articles, news and any questions to: emmyk07@yahoo.com

~SAVE THE DATE~

Spring SD AMTA Convention

Friday, April 24th- Saturday April 25th, 2015
RedRossa in Pierre, South Dakota

The presenter, Mary Ann Foster, BA, LMT, a licensed massage therapist and instructor practicing in Longmont, Colorado, is also an author of *Somatic Patterning* (EMS Press 2004) and *Therapeutic Kinesiology* (Pearson, 2013). Mary Ann taught kinesiology at the Boulder College of Massage Therapy, currently teaches kinesiology to aerial dancers in the Frequent Flyers Professional Track Program, and manages Educational Movement Systems (EMS) Press.

She will be presenting "Core Stabilization in Bodywork," with a focus on self-help techniques to improve your posture and body mechanics, and an introduction into ways to integrate core stabilization into bodywork and client education. For more information about Mary Ann and this course, check out her post for the "SD AMTA convention" at www.emsPress.com and feel free to contact her with questions.