THE TRAINED TOUCH

Autumn 2013

The South Dakota American Massage Therapy Association Newsletter

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HOWDY FROM TEXAS

The National convention was held in Fort Worth, Texas September 25-28. Brenda Lanz, Grace Lonning, and myself (Kris Skorseth) attended this event. Brenda attended the President's Council Meeting in Christine's place and served as Sergeant at Arms for the House of Delegates. Grace checked out the presenters for our future Chapter conferences. I represented our Chapter at the House of Delegates meeting. The very inspiring keynote address was given by Doc Hendley, founder and president of Wine to Water. The awards ceremony followed and it was very exciting that our Chapter received 4 Hands out of 5 for the Give Chapters a Hand Award and we received the Government Relations Award in the small chapter category for our team efforts, professionalism, and commitment in preserving our licensing. Way to go members and a large thank you to Val for all her coordinating and communicating!

The educational sessions were great. Brenda and I were in Whitney Lowe's class and he is an excellent presenter. We ran into some of our past presenters too and shared some laughs with them: James Waslaski, Eric Stephenson, Ralph Stephens, and Mary Ellen Derwis-Balaz. They all remember the good times and the camaraderie that they experienced in South Dakota.

The hot topic at the HOD and for the closing address on Saturday was the Affordable Care Act or Obamacare. Massage therapists have many questions as to what modalities will be included and how it affects massage therapists as well as how it will affect all of us as consumers and paying for or choosing plans. It boils down to: nobody really knows how this is all going to work, but National AMTA received the message that we want them to do their best to keep us all informed as they become aware of the facts. There were 3 position statements in the HOD to be voted on this year; please see my report in the Annual Chapter Meeting Packet. The HOD was truly interesting and I highly encourage any attendees at the National Conventions to sit in on the meeting, especially anyone that has been voted as a future delegate and all the alternates; it really is amazing. I regret never having done that as I think that my first year as a delegate would have been smoother as I would have known the "ins and outs", so to speak.

The Texas Chapter held a BBQ at the Stockyards and boy, it was a spread. Ask Grace how fast of a draw she is. There was a mechanical bull and racing armadillos.

National Convention 2014 will be in Denver and we encourage everyone to seriously consider attending.

--Kris Skorseth

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Fall Convention (see article page 2):
Back Row: Val Rowen; Teaching Assistant - Danny; Instructor – Mike Uriarte; Sheldon Haas; Front Row: Kris Skorseth; Grace Lonning; Sandy Berg

National Convention in Fort Worth, TX attendees:
Brenda Lanz, Grace Lonning and Kris Skorseth (kneeling)

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SDAMTA Delegates & Chairs

SD DELEGATE ROSTER 2013-2014

Delegate 2013-2014 HOD:
Kris Skorseth
(see secretary)

1st Alternate 2013 HOD:
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2nd Alternate 2013 HOD:
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Education and Newsletter Chair
Grace Lonning (see 3rd VP)

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Nominations/Awards Chair
Sheldon Haas (see IPP)

Website Chair
Karen Peschong (see 1st VP)

Government Relations Chair
Valerie Rowen (see Treasurer)

FALL CONVENTION IN WATERTOWN

Our Fall Convention was held in Watertown in September with Dr. Michael Uriarte presenting on the Myokinesthetic System (postural analysis and the nervous system's process) and Ethics. There was a lot of laughter as Dr. Uriarte (your yard ee) believes that people retain more when they are having fun while learning. (That's what I say.) While introducing himself and his work, he stated that, "this (technique) works on a very high percentage of people" and "that is the voodoo that I do". Well, guess you had to be there, he was very animated and a delight to have visit our Chapter. The North Dakota Chapter had him present and highly recommended him, so thank you to North Dakota!

The Ethics portion was based on: "If you don't take care of your body, where else are you going to live?" – unknown. He gave us super beneficial information about calories, exercise, and being a little "selfish" in order to be healthy. How many of us put the needs of others before our own? It is so true that if mama ain't happy, ain't nobody happy; or in this case, healthy. Dr. Uriarte shared this quote from Gandhi: "It is health that is real wealth and not pieces of gold and silver."

Friday night after class, Sheila Grabow of Watertown opened up her home and yard to us for a BBQ. Everyone contributed something to the gathering and it was a very relaxing time in which all were able to swap massage stories, cases, and a few jokes as well as good ole' laughter. I think that every one of us rolled away so full that we thought that we would never eat again. THANK YOU SHEILA FOR SHARING YOUR HOME WITH US!

--Kris Skorseth

The Results Are In!

A survey was given to SDAMTA members to evaluate our Chapter in specific areas. The results have been combined and are now available for your review. Log on to the Chapter website: www.amtasd.org

Congratulations!

2013 SD-AMTA Chapter Anniversaries

NAME	MEMBERSHIP YEARS
George Stroppel	44
R. Jean Schmidt	39
E. Marie Anderson	36
Brenda Lanz	20
Keith Norman	20
Grace Lonning	20
Patricia Weller	20
Rebecca Voss	15
Kathy Heller	15
Sheila Grabow	10
Shirley Hemel	10
Diane Schiefer	10
Bridget Bury	10
Barbara Gutierres	10
Maxine German	10
Carol Flack	5
Amber Yahnel	5
Karri Allen	5
Trisha Holm	5
Tanya Hymans	5
Rose McGuire	5
Jennifer Bullard	5
Sara Christians	5
Karen Peschong	5
Melissa Moore	5
Melanie Geiger	5

Welcome New Members!

June

Laura Alyea ..... Rapid City
Lorraine Flynn ..... Kyle
Laura Hardy..... Spearfish
Jessica Mann..... Sioux Falls
Elizabeth Stuard ..... Box Elder
Morgan Pearson ..... Canistota

July

No new members

August

Sarah Basche ..... Jasper, MN
Sarah Bauer..... Rapid City
Kristin Younger..... Sioux Falls

September

Karisa Magee ..... Fort Pierre

October

No report yet

…And the Winner Wasn't…

We drew the name of a SDAMTA Member at the Fall Convention in Watertown to win $100, but that person had to be present to win. Melanie Geiger of Aberdeen was drawn, but since she was not there, **the drawing will increase to $200 next Fall**.

At the Spring Convention in Fort Pierre, we will draw the name of a SDAMTA member to win a Registration fee to the National Fall Convention in Denver. Must be present to win… so plan to attend! ($375 Value)

NATIONAL ELECTIONS
amta
american massage therapy association

Your Vote Counts!
AMTA 2013 National Election

Be among the professional members that shape our association. Vote for our national leaders. Find out what their vision and goals are for the future of AMTA and the massage profession. Link up with candidates on the AMTA official election website. ***Your vote counts! Cast your vote by December 2nd.***

Please contact Colleen Leeders at 877-905-2700 x150 or ckleeders@amtamassage.org if you have questions.

Grace Lonning, LMT
Newsletter Editor
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Calendar of Events

Conventions

AMTA-SD Spring Convention/Business Meeting
April 25-26, 2014
AmericInn, Fort Pierre, SD

AMTA 2014 National Convention
September 17-20, 2014
Colorado Convention Center
700 14th Street
Denver, CO 80202

AMTA-SD Fall Convention
September 12-14, 2014
K Bar S Lodge
Keystone, SD

Deadline for article submission for the next newsletter is February 12, 2014

to a Convention Near YOU!

Daniel Carney, of Missoula, Montana will be the presenter at our Spring Convention in Fort Pierre, South Dakota. He will be teaching **CORE** Myofascial work. He has a tremendous amount of knowledge and experience to share with us. His work emphasis is with athletes, but of course can be used with most clients.

You can learn more about him by viewing his web-site:

www.corebodywork.com